



# Thrifty *The* Stitcher

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## Kid's Pyjama Trousers

You are going to make a pair of kid's pyjama trousers. These simple trousers are made up of just two pieces of fabric. Each piece makes one leg of the trousers.

The pyjamas have an elasticated waist threaded through an elastic channel at the waist.

### Key



The darker colour represents the **right** side of the fabric. This is the fabric that is seen from the outside when the pyjamas are finished.



The paler colour represents the **wrong** side of the fabric, which is the side that's on the inside when the pyjamas are finished.

## Size Chart & Fabric Quantity

### Measurements in inches:

	Age 6	Age 7	Age 8	Age 10	Age 12	Age 14
Waist	22"	22 1/2"	22 7/8"	24 1/4"	26"	26 3/4"
Hip	25 1/4"	26"	27 1/2"	30 3/8"	33 1/8"	34 5/8"

### Fabric required in metres:

115cm wide	1.6 m	1.8 m				
150cm wide	0.8 m	0.9 m				

### Suitable fabrics:

Light/mid weight woven fabrics, like cotton voile, lawn, quilt cotton, poplin or polycotton. Brushed cotton and cotton flannel are also great choices. Any fabric that would feel comfy in bed!

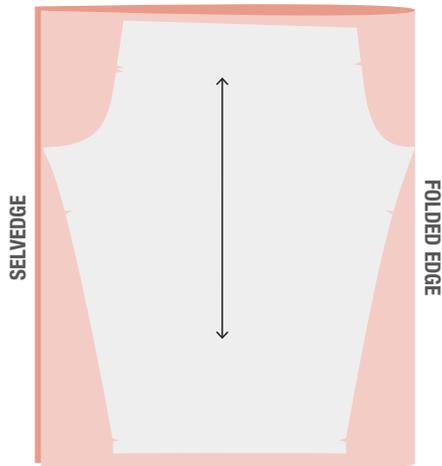
### Notions / haberdashery:

1 inch wide elastic that's the same length as the child's waist measurement.

# Cutting Guides

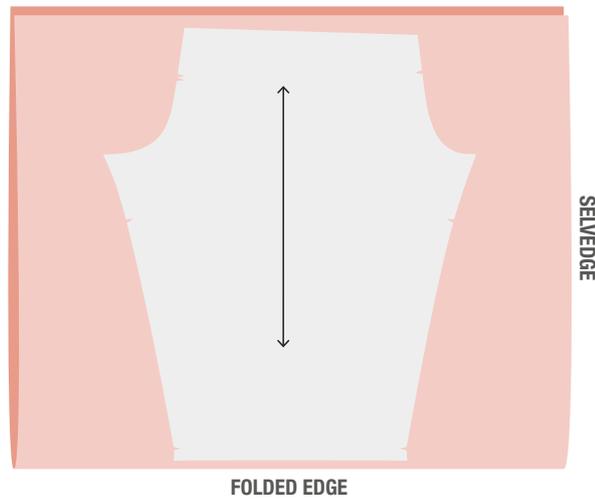
150cm / 60" wide fabric

Sizes 6-14



115cm / 44" wide fabric

Sizes 6-14

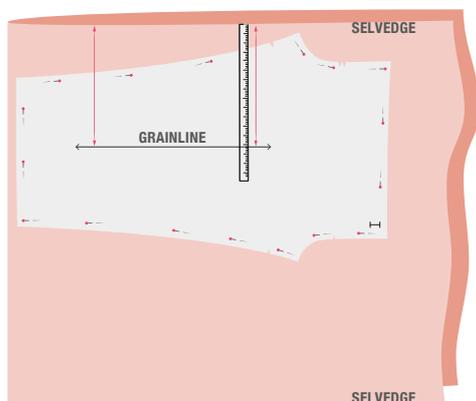


## 1 Pin your pattern.

Lay fabric out flat and fold it in half so that the 'selvage' edges are folded back on themselves with the right sides together.

Lay the paper pattern piece on top of the folded fabric so the grainline arrow runs parallel with the edge of your fabric.

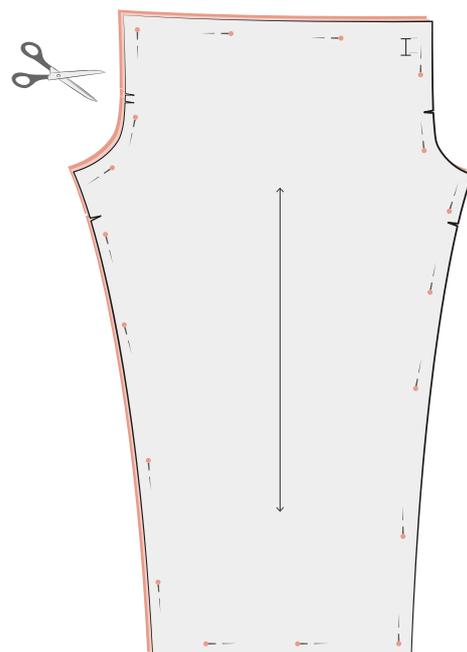
Pin the pattern piece to the two layers of fabric to keep it in place, measuring the arrows at either end.



## 2 Cut out your pieces.

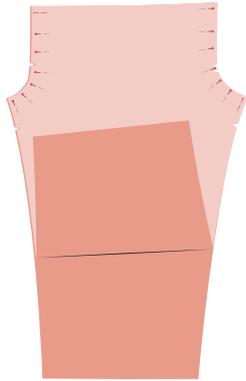
Cut precisely around the edge of the paper pattern piece, cutting through both layers of fabric.

Mark the notches by snipping a tiny snip into the fabric edge wherever you see a small horizontal line marked on the edge pattern piece.



**3 Pin crotch seams.**

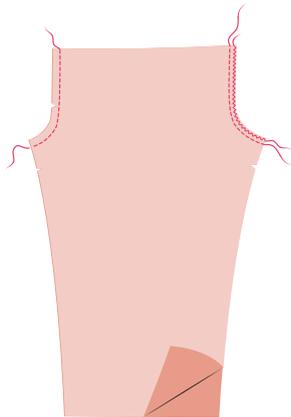
Remove the pattern piece and then pin around the front and back crotch seams.



**4 Stitch crotch seams.**

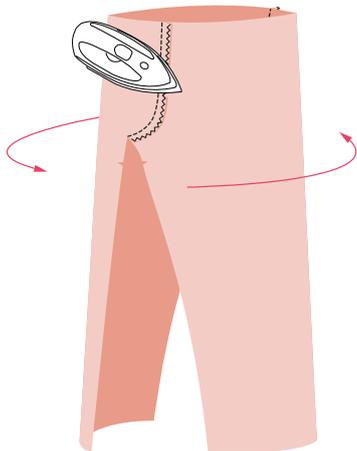
Sew the front and back crotch seams between the waist and the inside leg only using a 1.5 cm seam allowance.

Neaten the raw edge with a zig zag stitch.



**5 Press crotch seams.**

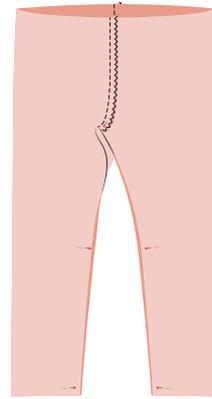
Open out the trouser legs, so the front and back crotch seams are on top of one another and press the seams to one side.



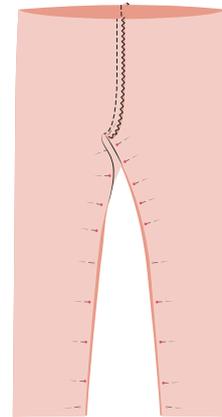
**6 Pin inside leg seam.**

Match up the crotch seams and pin together, and then pin at either ankle.

Then place a pin at the halfway point between the ankles and the crotch.



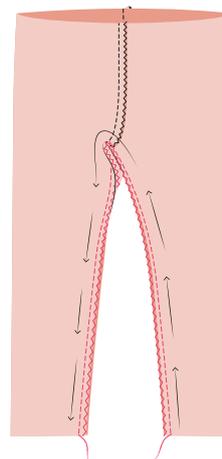
Continue to pin around the legs matching notches.



**7 Stitch inside leg seam.**

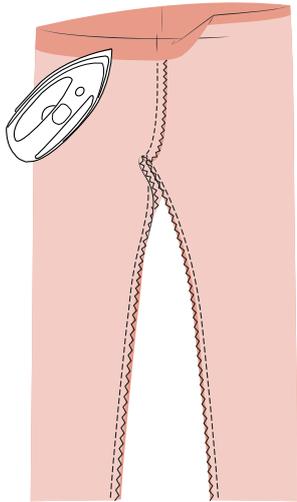
Sew the inside leg as one continuous seam, starting at one ankle through the crotch and all the way around to the other ankle with a 1.5 cm seam allowance.

Neaten the raw edges with a zig zag.



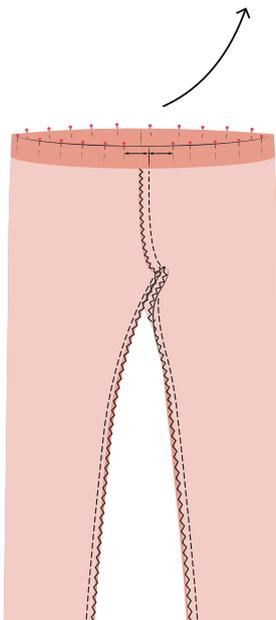
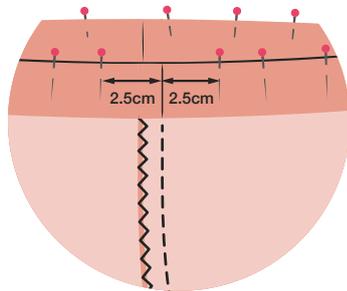
**8 Create the waist channel.**

Press a narrow 1 cm fold around the top edge of the waist, then press a second 3 cm fold around the waist.



**9 Pin the waist channel.**

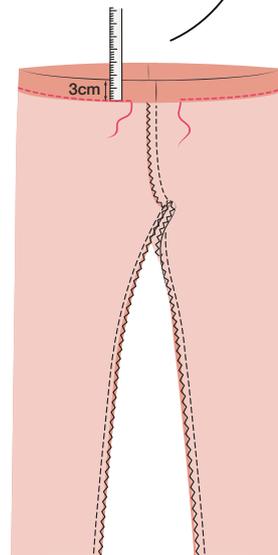
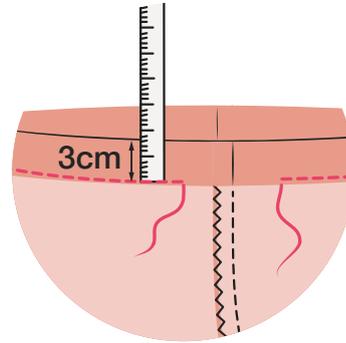
Pin the folded edge in place, leaving a 2.5 cm space either side of the centre back seam to allow for threading the elastic.



**10 Sew the waist channel.**

Sew the waist channel in place, 3 cm away from the top of the waistline.

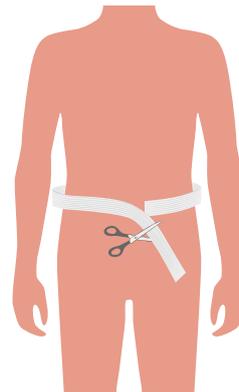
Start at one side of the back crotch seam and work your way around leaving a 5 cm opening at the centre back seam.



**11 Measure the elastic.**

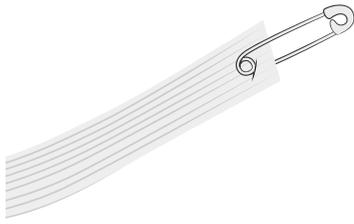
Measure a length of 1 inch elastic around the waist so it feels comfortable, and then add an inch for the overlap.

Cut your elastic to size.

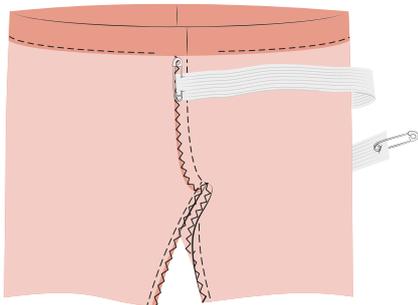


**12 Secure the elastic.**

Attach one safety pin to the end of your elastic, this will be your threader.

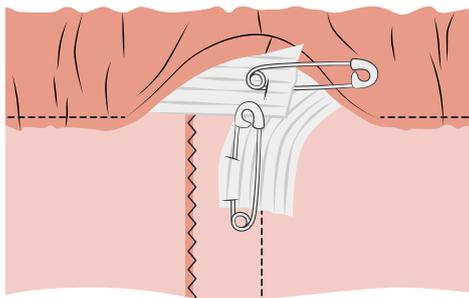


Secure the other end of the elastic with another safety pin to the back crotch seam. This will ensure your elastic doesn't disappear inside as you're threading!

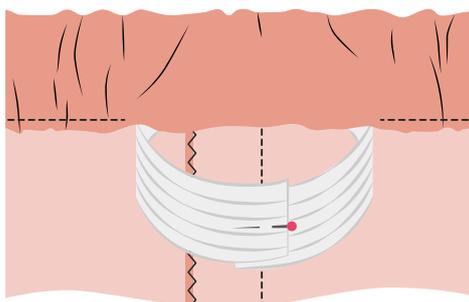


**13 Thread the elastic.**

Use the safety pin to thread the elastic all the way around the waistline, until it comes out again at the back seam.

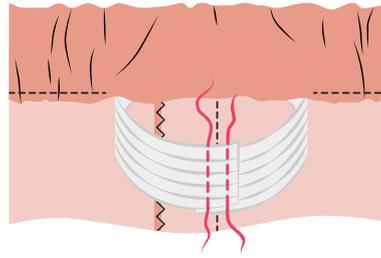


Check the elastic hasn't twisted, and then overlap the ends by a half inch, pinning in place.



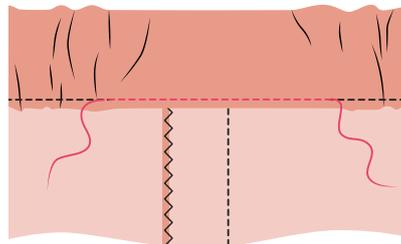
**14 Stitch the elastic.**

Secure with two rows of straight stitches.



**15 Stitch the waist channel closed.**

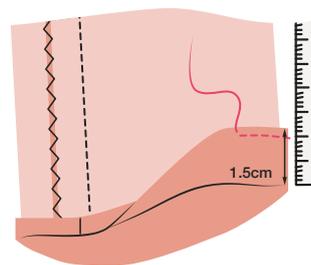
Pull the waistline so the elastic is completely inside. Pull the casing and make sure the unstitched opening is nice and flat, then pin the 5 cm opening closed and machine in place, making sure not to stitch on top of the elastic.



**16 Hem the trousers.**

Press a 1 cm fold around the bottom of both legs. Then press a second 1.5 cm fold to create a narrow double folded hem.

Pin in place, then stitch using the 1.5 cm seam allowance guide on the machine.



## Tip

The free arm of your sewing machine makes sewing trouser hems really easy.

For more handy tips and tricks, as well as our class schedule, visit:

[www.thethriftystitcher.co.uk](http://www.thethriftystitcher.co.uk)